



TAKU RIVER TLINGIT
First Nation



Health & Social

Spring Newsletter 2020

FOR THE LOVE OF
BASKETBALL
by Luke Wesley

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Manager's Note

Kudos to our youth group – the producers of this newsletter! The idea is that we will publish 4 times a year to keep you updated about events, programs, services and other helpful information.

We look forward to hearing your feedback from this first edition and how we can better communicate with you in the future.

Many thanks to Becky Law, our Youth Coordinator for working with the youth group, Izaiah Carlick, Luke, Britney Wesley, Max Wesley & Jayden Scout Williams to make this happen!

Yes! There is a new manager at Health and Social! Thank you for your patience with me as I work towards getting to know how things work, what your needs are and how we need to organize our department to achieve your goals.

Here is a bit about me: My name is Anne Campbell and I first came to Atlin in 1980 after buying a guide outfitting business with my husband and two friends. We raised our family here and in Whitehorse. I ran Northern Lights College here for several years and further developed program management skills working for the Yukon Government. I am really happy to be back in Atlin and working for the Taku River First Nation!

We have a great team here at Health and Social who work hard every day on your behalf and we are excited to offer a variety programs and services to the community. We are here to work with you towards health and wellness.

"healthy is the new wealthy"



Anne Campbell

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250-651-7965 ext 110*

Taaku Culture Centre center for culture

2019/2020

by Wayne Carlick



In April when the snow was melting at the Centre, we were working on carving masks and sewing regalia getting ready for the summer events,

The dance group was invited to dance at Elder Doris MacLean's headstone potlatch and Clan leader Jackie Williams potlatch. We take pride in sharing our songs, dance and art.

James Williams and Vernon Williams plus two members from lands department Shauna and Ben, Debra and I travelled to the Clan Conference in Juneau. This ceremony was to put the spirit into the new clan hat.

It seems like the biggest event was the Inland Tlingit Celebration (Haa Kustyiee) and the Canoe Journey from Atlin with Carcross and Teslin canoes joining in on this historic, life changing, spiritual, epic journey. As we pull ourselves and canoes into the future and make history for our people and generations to come.



There are many things that you can get involved The Center is open for you

Monday -Thursday
from 10am to 12pm and 1 - 4:30 pm
7-9 pm in the evenings

Ph 250-651-7837



FOR THE LOVE OF BASKETBALL

by Luke Wesley

One of my passions is simply just playing a game of basketball, it's fun.

Yo! let's shoot a ball into a hoop or let's have some fun, because us youth need to stay busy or we are going to get bored.

So just think like a youth , what do you think is fun? My dad and I have been playing together since I was just a tiny little kid. My favorite team in the N.B.A is the Toronto Raptors and I love watching them play on TV. I like to stay in good shape because I want to be tough, because Tlingits are tough.

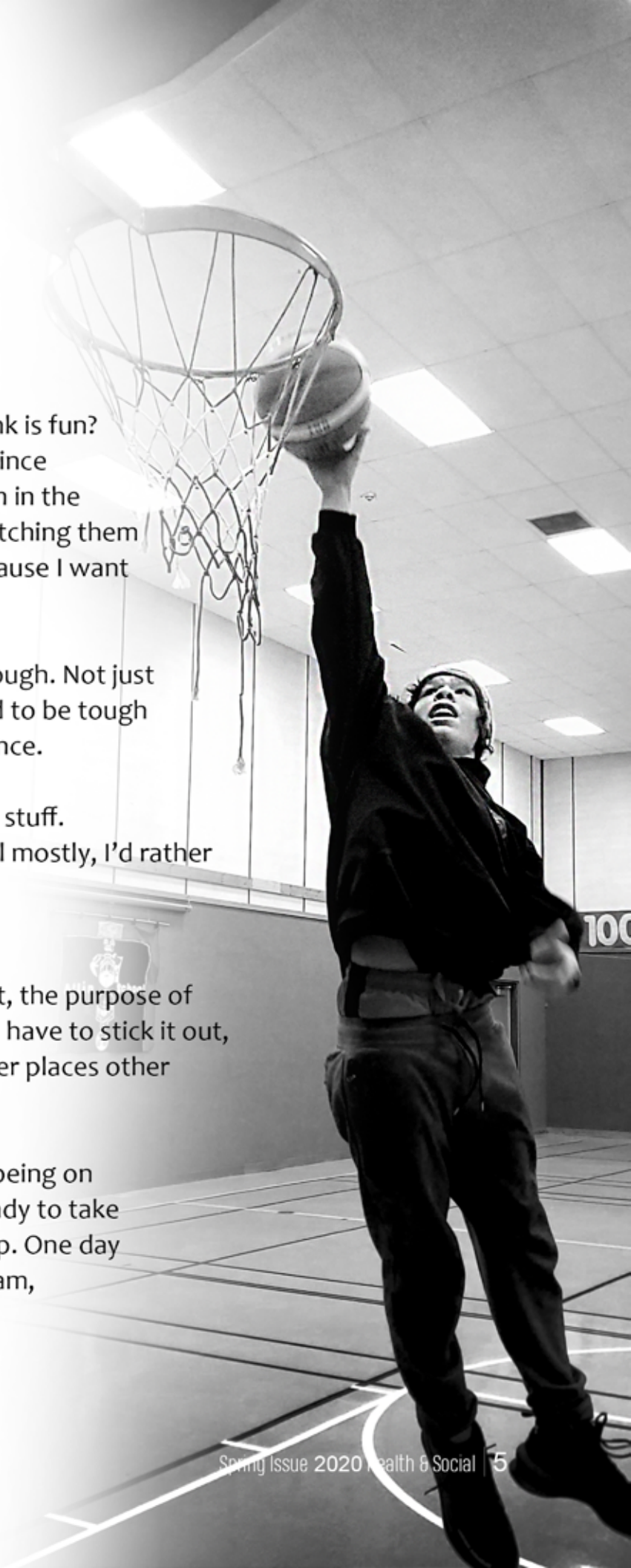
I realized that at a young age I had to be tough. Not just being tough to defend myself but I needed to be tough to shoot a ball into a hoop from a far distance.

Basketball takes my mind off of all the bad stuff. Dumb stuff, you know what I mean. School mostly, I'd rather be in a gym than stuck behind a desk writing on a piece of paper.

Its so hard to understand, the purpose of it, the purpose of writing on a piece of paper, in a class. But I have to stick it out, to finish school, for the freedom to go other places other than school.

Running down the basketball court is like being on a runway at the airport. It's like getting ready to take off in the air, to slam that ball into the hoop. One day I want to play in an all native basketball team, playing for the town I was born in, playing for my family, making them proud,

playing for the love of basketball.



JUSTICE FOR OUR COMMUNITY

by David Thorn Indigenous Justice Worker

The criminal justice system relies primarily on punishment and fear to motivate people to obey the law. This is seriously inadequate and sometimes results in injustice. It is precisely because I believe there are much more effective alternatives that I accepted the position of Justice Worker nine years ago. The traditional Seven Laws provide us with a solid foundation for building a stronger and safer community. The following is my understanding of these laws.

HUMILITY

Humility is an attitude that opens ourselves to:
***honestly listening to hear the truth,
honestly telling the truth and
honestly living the truth.***

Humility builds friendships based on trust and respect. Humility is to know ourselves as a sacred part of creation. Humility is powerful.

(Humility is not humiliation. Humiliation is an assault on dignity, making people feel fearful, small and weak.)

HONESTY

Honesty is to:
Tell the truth as we understand it
Listen to others to understand what is true for them. Hear the truth from others and be willing to learn and grow from others.
Honesty is the foundation of:
knowing ourselves, trusting ourselves, respecting ourselves, discerning trustworthiness, standing tall.

When we are humbly honest:
About what we can truly know and about what we cannot know. Then we will recognize that

KNOWLEDGE

Honesty and being open to learning builds knowledge and understanding that supports us all through life.

RESPECT

All creation deserves to be treated with respect
Every human deserves to be treated with respect
While we do not respect harmful behaviors,

When we treat people with respect we are able to listen with compassion and understanding and then lovingly and honestly address unacceptable behaviors. In this spirit we can support the possibility for change. Respect supports responsible and accountable behaviors.

COURAGE

Courage is being willing to act on what we know.
Courage is being willing to speak truth to power.
Courage is being willing to act with love rather than react with fear and anger.

To be continued next issue



Photography by Jayden Scout Williams

Boredom

by Britney Wesley

Speaking for the youth

Why are we the way we are today?

Why can't we just do things?

If we want to do something that involves, say all the youth in our community, we would have to go through all this and all that.

I don't even know what all this and all that is.

But then in the end, usually, nothing even happens.

Us youth, we get bored, we get bored of doing nothing all the time. Yeah sure, we can do things at home, but we do those things all the time. We do it so much that now, it feels like nothing.

We need a change, we're too bored and what does boredom lead to, probably the things that we are surrounded by visibly. Drugs and Alcohol.

And nobody wants us to go down that route, we don't want to go down that route. But if that's what we end up thinking, that's where we're gonna go.

The truth is, change only seems to come when something upsetting happens. Do you want to see us go down that route? Do you just not care? Because that's what it feels like.

Look around, y'all grew up, you adults are running the community, you older people are now setting the example for us youth. You see, we do think about the future. Someday we know it's not gonna be you older people running the community anymore, it's going to be the youth of today running the community.

You always tell us, "We never had what you kids these days have, you should be grateful."

Well we are grateful, you bring up the past, and we're looking forward to the future and if we want a better future it's time to make it better and it's your job as adults to help us youth.

We need you, we need you healthy, we need your privilege, so please help us for a better future.

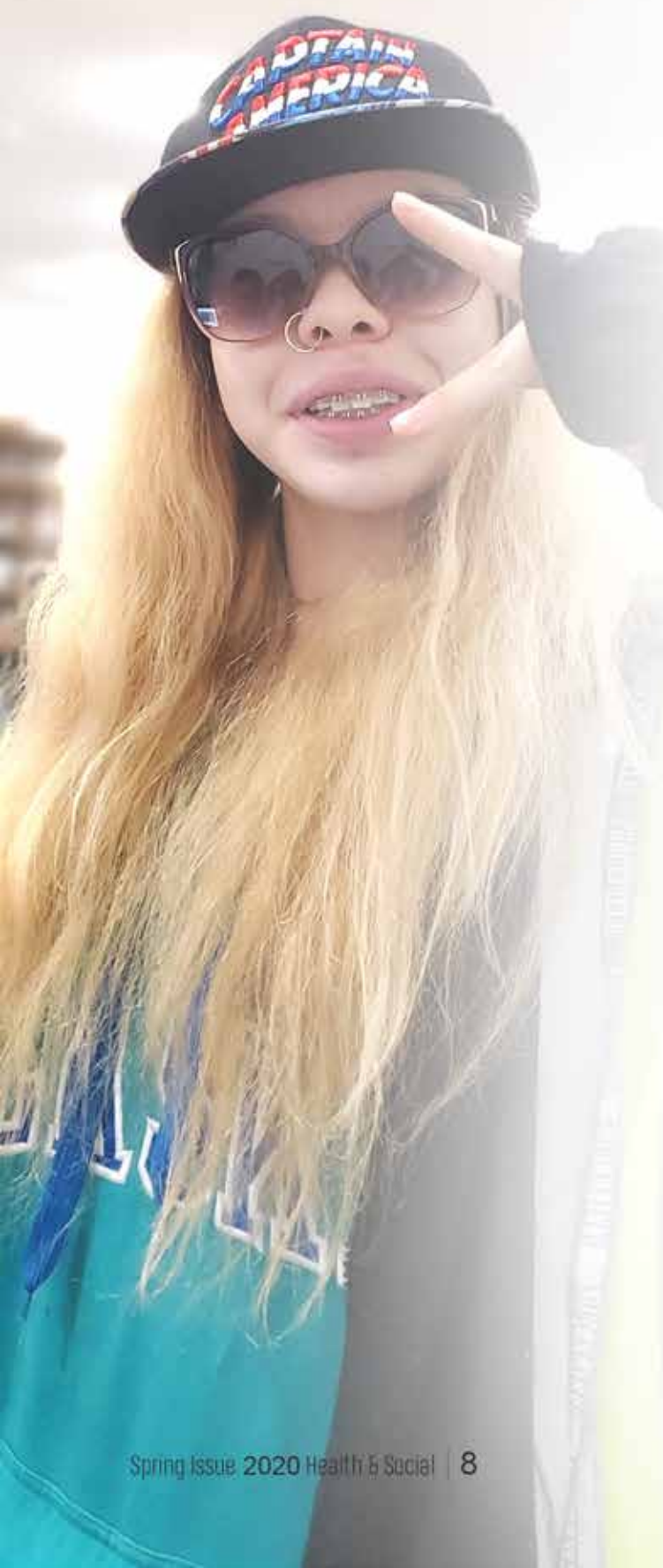






Photo by Manu Keggenhoff



INTERVIEW WITH MY ELDER

with Max Wesley and Shirley Reeves

Max: What is your Clan?

Shirley: I come from the Crow Clan, Dog Salmon of the Big Dipper House and that's Alaska.

Max: Did you know your grandparents?

Shirley: I never knew my grandparents, they were passed, and I was in residential school and I never got to know them.

Max: Do you have a favorite sport or game you like to play?

Shirley: HOCKEY!!!! Canucks!

Max: What is the thing you like to do in your spare time?

Shirley: I usually like going out picking medicines, and with my hobbies I collect coins, ancient coins, like old old.

Max: Gunalchéesh

Shirley: Did you get a Tlingit name yet, what does it mean?

Max: It means a proud man

Shirley: Oh Wow, Awesome!

Max: Gunalchéesh

Shirley: What is your favorite sport?

Max: I really like basketball

Shirley: Oh Wow, thats nice, I use to play that when I was young. Whats your favorite hobby, what do you like to do?

Max: I like to play hide and seek with Luke outside.

Shirley: Gunalchéesh Max, now I know you.

The Full Interview between Max and Shirley can be viewed on our website soon.



Wellness Coordinator

Donna Patrick

Assisting members to find balance and harmony within oneself

Program and Services Delivery

First Nations Health Authority

Supports Wellness Coordinator to complete drug and alcohol intakes with First Nations. TB tests can be done locally at Atlin Health Center on Mondays or Wednesdays with a 48 hour follow up. Reminder: must have current picture identification such as status card, BC Identification, Health Care card. Etc.

Detox is available in Whitehorse at Mental Wellness Substance Use Services. Please contact our office to do referral, travel and or give more information.

Transitions House is available for clients/members who want pre-treatment and aftercare support.

Counselor Support with Svenja Weber, Kevin Mellis and Jan Ford.

Risk Management is available with Justice Worker and Wellness Coordinator.

Canada Revenue Agency and Service Canada site visits happen in spring and fall. Watch for flyers/posters. Held at Tutan Hit building from 11-4 pm.

Choices Seminars: Please contact for information

Sauna available at Five Mile Point. Keep yourself in balance.

Smokehouse available at Five Mile Point for smoking fish and drying meat. This was built last winter for families to use. Brings some wood and keep area tidy for next person.

Moose-hide Tanning station available at Five Mile Point. Reminder to keep area clean and tidy for others to use.

Wall Tent available at Five Mile Point also. This is a “no party” zone, it’s for families who want to visit their Atlin family members. Etc.

Matriarch’s meeting monthly.

This month focus is “Photo Legacy” with Manu Keggenhoff. She will work with Elders to take professional photos of each Elder and Junior Elder. Then they will be interviewed by youth to start a booklet. Manu will book a date in Atlin and Whitehorse in March.

Self Defense Course

March 25 & 26,20

Matriarchs are hosting a Self Defense course for young women and matriarchs.

Elders Photos

March 5th

1pm -4:30pm

Admire the fantastic Art of

Pamela Jim

The flower is from my auntie Agnes, from C/AFN, she gave it to me to use. This is the first pair of mitts I've made and the first time using my auntie's pattern.

When we believe in ourselves, anything is possible, never limit yourself and growth. You never know something, until you've tried.

The cuff pattern is a design I thought would look nice, but printed from the computer.

The fur, is rabbit fur. In this pair I've used moose hide that I received as a gift from my beautiful parents, Mike and Vivian Mahoney, as a birthday gift.



Photography by Jayden Scout Williams

The Beauty of Ł'yatí xu Jighé "cove in the long point"

Jayden Scout Williams grabs a camera and heads out the door to his back yard. He walks through the snow and observes the sun shining over Theresa Island and reflecting off the tree branches. Moved by the beauty he captures the shot.

So often we forget to look out and admire the blessings and gifts of the Creator. Jayden will share his photography in each issue, and remind us to look closer, and admire the beauty just outside our door.

This beauty is reflected in the name of our home Ł'yatí xu Jighé meaning "cove in the long point", sometimes talked about as the crook of a mother's arm where the baby lays. Thanks to Wayne and crew at the Centre for Culture for making this beautiful sign.





Nothing is done without planning. And the youth have a plan!
Youth meeting with Anne on Monarch Mountain

COMMUNITY HEALTH

Roger Thorlakson

We would like say Thank You to the Whitehorse food bank, A-1 Deliveries and those that donate to this cause, for helping Atlin families in need.

Upcoming Workshops :

Sexual assault & awareness Prevention Workshop
in Spring

Greiving & Relationship Workshop
In May





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COME TO THE CELEBRATION THIS
June 10th -13th in
Juneau Alaska



**Dance Practice at Atlin School every
Tuesday and Thursday from 12:30pm - 1pm**